

# **Program Meeting**

## Saturday, February 11, at 11:30 am

### Learning about Power with Purpose

Olivia Wight is a passionate Social & Emotional Intelligence coach who, as a



survivor of poverty and familial dysfunction, is dedicated to empowering others to increase their personal emotional awareness, cultivate effective relationship management, and foster an environment of accountability, responsibility, and confidence in initiating positive change. In pursuit of this, she has founded **Power with Purpose!** 

Power with Purpose is a female-run, female-focused, coaching non-profit that tackles financial insecurity-related behavior and cognition that inhibits constructive societal cohesion. PWP takes a non-clinical emotional support-based approach to heal poverty through community, and functions as a liaison between social groups.

Olivia is a nontraditional student (29 years old), currently attending the University of Colorado - Colorado Springs, majoring in Philosophy with a focus on Morals & Ethics. She is a certified Student Success Mentor there. She is also a certified Social & Emotional Intelligence Coach, having attended the Institute for Social and Emotional Intelligence located in Denver.

#### Meeting to be held at "Famous Dave's BBQ" at GJ Mall

(Note the Time Change of the Meeting....This will be a Lunch)

Mark Your Calendar: Next Meeting on March 11....Details coming soon.

Branch Administrator Jane Fitzgerald 970-241-9684
VP Programs Open
Secretary Loralee Kerr 970-523-5510

VP Membership Open
Treasurer Virginia Brown 970-201-0386
Newsletter Editor Jane Fitzgerald 970-241-9684

# **What You Missed Last Month**

The visit to the **Tiger Boutique & Haberdashery** was so informative. The Boutique is located in a large room next to French Teacher Jodee Cronk's classroom at Grand Junction High School. We had not expected it to be so extensive, complete with several changing rooms. Jodee explained how she started this as a project for the Agents of Change, a student service-learning group. Once the need was known, the project kept expanding. Jodee gave an example of students whose family did not have enough toothbrushes for all family members. Now, besides personal items, there are racks of clothing for both boys and girls, feminine hygiene products. There are seasonal items such as gifts for parents, prom dresses, business interview attire, etc. Many kids do not have a phone; the school does provide Chrome Book computers. The students may enter the space through a separate door and take what they need...no stigma attached. The Boutique is so popular that space is being planned for it in the new high school.

Two extra highlights of the meeting were the delicious macarons that Jodee had made for us, and the coffeecake provided by Linda Heinrich.

If you would like to help, Jodee indicated that she could use volunteers to sort intake clothing. If you would like to donate items, they can be dropped off at the Front Office for the High School on 5<sup>th</sup> Street. Jodee said school supplies, including post-it note, watercolors, and other art supplies are needed, as well as shampoo, conditioner, lotion, deodorant, body wash, perfume, cologne, body spray, feminine hygiene products, toothbrushes, toothpaste, floss, mouthwash, dry shampoo, facewash, lip balm, make-up remover, hairbrushes, combs, shaving cream, razors, tweezers, new underwear, new or gently used bras, or anything else a teenager might need.

**If you would like to donate funds**, send a check to District 51 Foundation in care of Angela Christiansen/ Boutique....for a tax deductible contribution.





Virginia Brown, Jodee Cronk

# Welcome Back Members

We are happy that these members have rejoined the Branch. Please add this information to the Membership List you recently received.

#### Ingram, Erna

2932 B Road, Grand Junction, CO 81503 970-261-2386 ernakay@aol.com

#### Bratelli, Dr. Amy

550 Lois Drive, Fruita, CO 81521 970-640-8240 amybratteli@gmail.com



## **SAVE THE DATE.....April 15**

#### Our Annual "Women Who Make History" Awards Luncheon

#### Coffee & Chat Special Interest Group



This informal (fun) group will meet on **Saturday, February 25 at 9:30 am**.... at **Be Sweet Café & Bakeshop, 1**50 West Main Street, Grand Junction. The group's only agenda is to chat about whatever topics come up, from the frivolous to the serious. Come

when you can; bring a friend. Call Susan at 970-361-6517 with any questions.

#### **2023 National Conference for College Women Student Leaders**

AAUW is thrilled to announce that registration opens mid-February for our **NCCWSL!** For over 35 years, NCCWSL stands as the premiere experience for elevating leadership, advocacy, and equity for college women--you don't want to miss it!

We're back—live and in person, May 31 – June 3, 2023, at the University of Maryland, College Park, so join us for access to dynamic and inspiring speakers, workshops, panels and more!

**REGISTER NOW** 

## Happy Birthday to You

Your AAUW Branch wishes to acknowledge its members and let you know we appreciate you.

New members please contact Jane with the date of your birthday.

Members celebrating a Birthday in February are: Lori Wood on the 4<sup>th</sup>

# HAVE YOU REGISTERED for PUBLIC POLICY DAY???? DON'T MISS THIS EDUCATIONAL EXPERIENCE!

#### **AAUW of Colorado PUBLIC POLICY DAY**

Behavioral Health...help, hope, and beyond Saturday February 4, 2023 9:00 am - 12 Noon



KEYNOTE SPEAKER
Dr. Morgan Medlock
Behavioral Health Commissioner
State of Colorado

REGISTER for this Zoom Webinar Today

Panel Discussion: More Details to be Provided in January Connects

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#### In addition, you will hear from:

- AAUW member Betty Boyd and Public Policy Co-Director Su Ryden who will share an update on Colorado legislative issues as well as the 2023 Call To Action
- Robin Lucas, National AAUW's Grassroots Advocacy Manager
- AAUW of Colorado Nominating Committee
- Joan Brown, President AAUW of Colorado

# **Spring Convention**

April 21-22, 2023

**EMPOWERING WOMEN** 

"Keeping Up The Good Fight"

Live ...... In Person ...... Meet Your Friends.....

At the Doubletree in Aurora, Colorado

Start planning today for a get-away in the spring where you will be enlightened by fabulous speakers and enjoy great food.

#### **News from Linda Davies, Colorado State Treasurer**

In 2021 our National AAUW organization announced a \$2 increase in national dues for 2022, followed by a \$5 increase for 2023 and an additional \$5 increase or \$72 in total for national dues for 2024. At this time our national organization has not determined the specific date when this most recent increase will take effect. ............ However, our Colorado State dues have remained at \$10 for many years. I would like to highlight just a few of the ways our National and State dues help support education, equity and advocacy for the advancement of women in our state, nationally and internationally, which we can be proud of.

FELLOWSHIPS AND GRANTS: In the fall of 2022, AAUW and the University of Colorado and Colorado State University announced that five female scholars had received Fellowships and Grants between \$11,250 and \$30,000 each for their studies and research. One of the students is a graduate member of the Ft. Collins branch, while another student is an international student and her grant will allow her to take her knowledge back to her home country. These awards allow each student to pursue academic studies in speech pathology, advancements in environmental and sustainable technologies as well as ethnic and social justice, leading to innovative community and scientific projects to empower women and girls. These awards are part of the \$6 million awarded to 320 scholars this current academic year.

**DID YOU KNOW?** via the AAUW Legal fund, our <u>National</u> organization supported five gender based discrimination lawsuits. Our national organization continues to lobby congress and work with other organizations and legislators to enhance and increase STEM program participation in education as part of Title IX. ........ Our state organization also provided an award to outstanding middle school girls for their science fair projects and donated \$200 to the AAUW Fund on behalf of each Colorado branch which continues the work of AAUW on behalf of all of you.

====Our Colorado AAUW organization this year and last year continues to annually support **NCCWSL**, **the National Conference of College Women and Student Leaders**, held each May in Washington DC or by Zoom. Last year we supported six attendees and hope to improve our attendance count this coming spring.

**WE ARE PAYING**: members of Women's Lobby Corp to make our voices heard at our state capitol during this legislative term.

THIS BRINGS US TO: learning about the upcoming legislative year at our upcoming Public Policy day on Feb 4<sup>th</sup>. Don't forget to register. \*\*\*\*\*\*\*\*

**Thank you for your membership** dues and for supporting all of progress, programs and work that contributes to women of all ages and backgrounds.